

# The Intelligence and Power of the Heart

There are many reasons why I decided to put a red rose on the cover. What does a red rose symbolize? The most obvious and well-known meaning of the red rose is deep love and affection, and can also represent power.

In the 18th century, A Special Rose was used as a means of communication between Lovers who were forced by society to keep their feelings a secret. And the red rose came to symbolize true love that would stand the test of time, overcoming all obstacles.

Love is passion. And in order to find purpose in life, we should follow where our passion takes us. Because passion and purpose are one and the same. Where is all this coming from? It's coming from our hearts.

When anyone is conceived, the first organ that is created into Physical Reality, is the Heart. The Brain and the Heart both generate Electromagnetic Fields. But the Heart is actually 100 times Electrically Stronger and up to 5,000 times Magnetically Stronger.

So, should we listen to our hearts or our brains?

Your heart and your brain are constantly communicating. Energetically, the brain as well as the heart has intelligence, memory, and communication skills.

Before anything was manifested into this physical world, it was all pure energy.

The thoughts from our brains are important, but in this case, it's much more than that.

*Self-Esteem: Confidence in One's own Worth or Abilities; Self-Respect.*

The feelings that we get in our hearts will naturally influence the energy fields that surround us. And when our self-esteem changes, it causes an effect, changing the electrical-magnetic fields from our hearts. And those fields literally change the world around us. Our reality. The heart does so much more than just pump blood.